

## Assisted Living at Glenmeadow Services and Amenities

### Amenities Available to All Residents

- Restaurant or Cafe style dining
- Wellness Center and gym
- Indoor heated pool and jacuzzi
- Outdoor terrace offering outdoor dining
- Outdoor gardens and seating areas
- Library
- Solarium
- Salon
- Resident store
- Private meeting rooms
- Meditation room
- Billiards and games room
- Arts and crafts studio
- Family-style living room
- Comfortable lounges
- Movie theater
- Cotz Hall (function hall)
- Covered parking
- Access to services such as podiatry, wellness clinics, massage therapy, personal training, and Physical/Occupational therapy.

### Services Included in Your Monthly Fee\*

- All utilities except telephone service
- Heat, AC & hot water
- Real Estate taxes
- Basic cable and Wi-Fi\*\*
- 3 hot meals per day
- Personal care
- Medication management
- Care coordination
- All indoor/outdoor maintenance
- Weekly housekeeping and personal laundry
- Annual heavy cleaning
- Assigned, uncovered parking
- Snow removal from vehicle and walkways
- Local transportation
- Business & concierge services
- Cultural, educational, spiritual and physical daily programming
- Fitness & aquatic training/classes
- Nutritional counseling
- 24-Hour security
- 24-Hour licensed RN/LPN response.

\*Services and amenities not included in the monthly fee will be found on the Assisted Living A La Carte price sheet.

\*\*Upgrades or private Wi-Fi can be ordered by and paid for by the resident.

