




# March 2023 Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MEETING PLACES</b> <i>ML</i> - Main Lobby <i>MR</i> - Meditation Room <i>WC</i> - Wellness Center <i>Pool</i> - Pool <i>RR</i> - 2nd Floor Recreation Room <i>918</i> – Channel 918 <i>TH</i> - Esther Sara Theater <i>CAFE</i> - Cafe	<i>LL</i> - Lower Level <i>CH</i> - Cotz Hall <i>S</i> - Solarium <i>FLR</i> - Family Living Room <i>AS</i> - Art Studio <i>TH</i> - Theater <i>KP</i> - Kirkham Parlor <i>CK</i> - Country Kitchen <i>PP</i> - Pool Patio		1 10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 10:30am Open Gym w/ Kinga, <i>WC</i> 11:00am Aquasize w/ Amber, <i>Pool</i> 11:00am Exercise w/Lauren, <i>918</i> 1:30pm Exercise with Bands, <i>WC +&amp; 918</i>	2 10:00am Exercise w/ Bands, <i>CH &amp; 918</i> 10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am Meditation, <i>CH &amp; 918</i> 2:00pm BARRE 360 Exercise, <i>WC</i>	3 10:00am Exercise with Kinga, <i>CH &amp; 918</i> 1:30pm Walking Group, <i>ML</i> 1:30pm Strength and Balance, <i>CH</i>	4 10:30am Stretch & Tone, <i>CH &amp; 918</i> 1:30pm Exercise, <i>WC +&amp; 918</i>
5	6	7	8	9	10	11
10:00am Exercise with BANDS, <i>CH &amp; 918</i> 1:30pm Exercise w/ Amber, <i>WC +&amp; 918</i>	10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 11:00am Aquacise w/ Amber, <i>Pool</i> 11:00am 1 on 1 Fitness**, <i>WC</i> 11:00am Intermediate Yoga w/ Carol, <i>CH</i> 1:30pm Mile walk w/ Kinga, <i>WC</i>	10:00am Exercise w/ Bands, <i>CH &amp; 918</i> 10:30am Horticulture w/ Jeff, <i>TH</i> 10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am 1 on 1 Fitness**, <i>WC</i> 1:15pm Otago Balance, <i>CH</i> 2:00pm STEP CLASS**, <i>WC</i>	10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 10:30am Open Gym w/ Kinga, <i>WC</i> 11:00am Aquasize w/ Amber, <i>Pool</i> 11:00am Exercise w/Lauren, <i>918</i> 1:30pm Exercise with Bands, <i>WC +&amp; 918</i>	10:00am Glenmeadow Store Open, <i>LL</i> 10:00am Exercise w/ Bands, <i>CH &amp; 918</i> 10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am Meditation, <i>CH &amp; 918</i> 1:00pm Stretching the Mind & Body (Posture), <i>WC</i> 2:00pm BARRE 360 Exercise, <i>WC</i>	10:00am Exercise with Kinga, <i>WC +&amp; 918</i> 1:30pm Walking Group, <i>ML</i> 1:30pm Strength and Balance, <i>CH</i>	10:30am Stretch & Tone, <i>CH &amp; 918</i> 1:30pm Exercise, <i>WC +&amp; 918</i>
12	13	14	15	16	17	18
10:00am Exercise with BANDS, <i>CH &amp; 918</i> 1:30pm Exercise w/ Amber, <i>WC +&amp; 918</i>	10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 11:00am Aquacise w/ Amber, <i>Pool</i> 11:00am 1 on 1 Fitness**, <i>WC</i> 11:00am Intermediate Yoga w/ Carol, <i>CH</i> 1:30pm Mile Walk w/ Kinga, <i>WC +&amp; 918</i>	10:00am Exercise w/ Bands, <i>CH &amp; 918</i> 10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am Crafty Tuesday, <i>RR</i> 11:00am 1 on 1 Fitness**, <i>WC</i> 1:15pm Otago Balance, <i>CH</i> 2:00pm STEP CLASS**, <i>WC</i> 2:30pm 1 on 1 Fitness**, <i>WC</i>	10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 11:00am Aquasize w/ Amber, <i>Pool</i> 11:00am Exercise w/Lauren, <i>918</i> 1:30pm Exercise with Bands, <i>WC +&amp; 918</i>	10:00am Exercise w/ Bands, <i>CH &amp; 918</i> 10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am Meditation, <i>CH &amp; 918</i> 2:00pm BARRE 360 Exercise, <i>WC</i>	10:00am Exercise with Kinga, <i>WC +&amp; 918</i> 1:30pm Exercise, <i>918</i> 1:30pm Walking Group, <i>ML</i>	10:30am Stretch & Tone, <i>CH &amp; 918</i> 1:30pm Exercise, <i>WC +&amp; 918</i>
19	20	21	22	23	24	25
10:00am Exercise with BANDS, <i>CH &amp; 918</i> 1:30pm Exercise w/ Amber, <i>WC +&amp; 918</i>	10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 11:00am Aquacise w/ Amber, <i>Pool</i> 11:00am 1 on 1 Fitness**, <i>WC</i> 11:00am Intermediate Yoga w/ Carol, <i>CH</i> 1:30pm Mile walk w/ Kinga, <i>WC</i> 2:30pm 1 on 1 Fitness **, <i>WC</i>	10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am 1 on 1 Fitness**, <i>WC</i> 1:15pm Otago Balance, <i>CH</i> 2:00pm STEP CLASS**, <i>WC</i> 2:30pm 1 on 1 Fitness**, <i>WC</i>	10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 10:30am Open Gym w/ Kinga, <i>WC</i> 11:00am Aquasize w/ Amber, <i>Pool</i> 11:00am Exercise w/Lauren, <i>918</i> 1:30pm Exercise with Bands, <i>WC +&amp; 918</i>	10:00am Exercise w/ Bands, <i>CH &amp; 918</i> 10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am Meditation, <i>CH &amp; 918</i> 1:00pm Stretching the Mind & Body (Posture), <i>WC</i> 2:00pm BARRE 360 Exercise, <i>WC</i>	10:00am Exercise with Peter, <i>WC +&amp; 918</i> 10: 1:30pm Exercise, <i>918</i> 1:30pm Walking Group, <i>ML</i>	10:30am Stretch & Tone, <i>CH &amp; 918</i> 1:30pm Exercise, <i>WC +&amp; 918</i>
26	27	28	29	30	31	
10:00am Exercise with BANDS, <i>CH &amp; 918</i> 1:30pm Exercise w/ Amber, <i>WC +&amp; 918</i>	10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 11:00am Aquacise w/ Amber, <i>Pool</i> 11:00am 1 on 1 Fitness**, <i>WC</i> 11:00am Intermediate Yoga w/ Carol, <i>CH</i> 1:30pm Mile walk w/ Kinga, <i>WC</i> 2:30pm 1 on 1 Fitness **, <i>WC</i>	10:00am Exercise w/ Bands, <i>CH &amp; 918</i> 10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am 1 on 1 Fitness**, <i>WC</i> 1:15pm Otago Balance, <i>CH</i> 2:00pm STEP CLASS**, <i>WC</i> 2:30pm 1 on 1 Fitness**, <i>WC</i>	10:00am Exercise w/ Peter, <i>CH &amp; 918</i> 10:30am Open Gym w/ Kinga, <i>WC</i> 11:00am Aquasize w/ Amber, <i>Pool</i> 11:00am Exercise w/Lauren, <i>918</i> 1:30pm Exercise with Bands, <i>WC +&amp; 918</i>	10:00am Exercise w/ Bands, <i>CH &amp; 918</i> 10:30am Tai Chi, <i>CH &amp; 918</i> 11:00am Meditation, <i>CH &amp; 918</i> 2:00pm BARRE 360 Exercise, <i>WC</i>	10:00am Exercise with Kinga, <i>WC +&amp; 918</i> 1:30pm Walking Group, <i>ML</i> 1:30pm Strength and Balance, <i>CH</i>	

# March 2023 Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MEETING PLACES</b>			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>ML</b> - Main Lobby <b>MR</b> - Meditation Room <b>WC</b> - Wellness Center <b>Pool</b> - Pool <b>RR</b> - 2nd Floor Recreation Room <b>918</b> – Channel 918 <b>TH</b> - Esther Sara Theater <b>CAFE</b> - Cafe	<b>LL</b> - Lower Level <b>CH</b> - Cotz Hall <b>S</b> - Solarium <b>FLR</b> - Family Living Room <b>AS</b> - Art Studio <b>TH</b> - Theater <b>KP</b> - Kirkham Parlor <b>CK</b> - Country Kitchen <b>PP</b> - Pool Patio		<b>9:15am</b> East Longmeadow Travel, <b>ML</b> <b>10:30am</b> St. Andrew's Service, <b>MR</b> <b>11:00am</b> Music Bingo, <b>RR</b> <b>11:30am</b> Blood Pressure Clinic, <b>TH</b> <b>1:00pm</b> Dominoes, <b>RR</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Scrabble, <b>CAFE</b> <b>3:00pm</b> Bowling, <b>TH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>1:00pm</b> BROADWAY - Bringing Broadway To YOU! (Hamilton - Part 2), <b>CH</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>3:00pm</b> Words in a Word, <b>S</b> <b>3:00pm</b> Dominoes, <b>RR</b> <b>7:15pm</b> Bingo, <b>CAFE</b>	<b>8:00am</b> Longmeadow Travel, <b>L</b> <b>9:00am</b> Coffee House, <b>FLR</b> <b>10:30am</b> Rosary, <b>MR</b> <b>11:00am</b> Uno, <b>RR</b> <b>1:00pm</b> Putting Green, <b>WC</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:00pm</b> Family Feud, <b>S</b> <b>2:30pm</b> Steve's Art Studio, <b>AS</b> <b>2:30pm</b> BINGO!, <b>RR</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>1:00pm</b> Memory, <b>S</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:15pm</b> Bowling, <b>TH</b> <b>3:00pm</b> Resident-Run Bananagrams, <b>S</b> <b>7:15pm</b> Movie, <b>TH</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>1:30pm</b> Lesson From A Year In Space Trip (SIGN UP ONLY), <b>ML</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Baking with Amber, <b>S</b> <b>3:30pm</b> Trivia, <b>TH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>11:00am</b> Secrets of the world (Black Holes), <b>TH</b> <b>11:00am</b> Discovery Series, <b>TH</b> <b>2:00pm</b> Ring Toss, <b>WC</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:00pm</b> Sketching in the Solarium, <b>S</b> <b>3:00pm</b> TED Talks, <b>TH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:30am</b> Horticulture w/ Jeff, <b>TH</b> <b>11:00am</b> Round Table w/ Peter, <b>KP</b> <b>1:00pm</b> Garden Club, <b>S</b> <b>1:30pm</b> Trivia w/ Peter, <b>TH</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:00pm</b> Bottle Toss, <b>S</b> <b>2:30pm</b> Letter in the Basket, <b>S</b> <b>3:00pm</b> Great Courses, <b>CH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>9:15am</b> East Longmeadow Travel, <b>ML</b> <b>11:00am</b> Music Bingo, <b>RR</b> <b>11:30am</b> Virtusense Balance/Walker Clinic, <b>TH</b> <b>12:00pm</b> Pendant Checks, <b>ML</b> <b>1:30pm</b> Cooking w/ Peter, <b>CK</b> <b>2:00pm</b> Letter Writing with Camlyn, <b>RR</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Scrabble, <b>CAFE</b> <b>3:00pm</b> Bowling, <b>TH</b> <b>4:00pm</b> Grief and Loss, <b>MR</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>1:00pm</b> Stretching the Mind & Body (Posture), <b>WC</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>3:00pm</b> Words in a Word, <b>S</b> <b>3:00pm</b> Dominoes, <b>RR</b> <b>7:15pm</b> Bingo, <b>CAFE</b>	<b>8:00am</b> Longmeadow Travel, <b>L</b> <b>9:00am</b> Coffee House, <b>FLR</b> <b>10:30am</b> Rosary, <b>MR</b> <b>11:00am</b> Name That Tune, <b>S</b> <b>1:00pm</b> Putting Green, <b>WC</b> <b>2:00pm</b> Proverbial Wisdom, <b>RR</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Steve's Art Studio, <b>AS</b> <b>2:30pm</b> BINGO!, <b>RR</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>1:00pm</b> Sorry, <b>S</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:15pm</b> Ladder Toss, <b>WC</b> <b>3:00pm</b> Resident-Run Rummikub, <b>S</b> <b>7:15pm</b> Movie, <b>TH</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Baking with Amber, <b>S</b> <b>3:30pm</b> Trivia, <b>TH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>11:00am</b> Secrets of the world (Black Holes), <b>TH</b> <b>2:00pm</b> Joe Name It, <b>RR</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Bean Bag Toss, <b>WC</b> <b>3:00pm</b> Card Making w/ Amber, <b>AS</b> <b>3:00pm</b> TED Talks, <b>TH</b> <b>7:15pm</b> Discussion w/Saul, <b>TH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>11:00am</b> Crafty Tuesday, <b>RR</b> <b>11:00am</b> Food Committee, <b>TH</b> <b>11:00am</b> Round Table w/ Peter, <b>KP</b> <b>1:00pm</b> Garden Club, <b>S</b> <b>1:30pm</b> Trivia w/ Peter, <b>TH</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:00pm</b> Bottle Toss, <b>S</b> <b>2:15pm</b> Conversations w/ Anne, <b>CH</b> & <b>918</b> <b>3:00pm</b> Great Courses, <b>CH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>9:15am</b> East Longmeadow Travel, <b>ML</b> <b>10:30am</b> Pillars of Wellness, <b>TH</b> <b>10:30am</b> Catholic Mass, <b>MR</b> <b>11:00am</b> Music Bingo, <b>RR</b> <b>1:00pm</b> Dominoes, <b>RR</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Scrabble, <b>CAFE</b> <b>3:30pm</b> Birthday Celebration/Cocktails, <b>FLR</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>10:30am</b> Jewelry Making w/ Sandy Merrill, <b>S</b> <b>1:00pm</b> Blind Tasting, <b>S</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>3:00pm</b> Words in a Word, <b>S</b> <b>3:00pm</b> Dominoes, <b>RR</b> <b>7:15pm</b> Bingo, <b>CAFE</b>	<b>8:00am</b> Longmeadow Travel, <b>L</b> <b>9:00am</b> Coffee House, <b>FLR</b> <b>10:30am</b> Rosary, <b>MR</b> <b>11:00am</b> Balloon Tennis, <b>S</b> <b>11:00am</b> Men's Group, <b>CH</b> <b>1:00pm</b> Putting Green, <b>WC</b> <b>2:00pm</b> Shamrock Shake Shindig, <b>CH</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Steve's Art Studio, <b>AS</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>1:00pm</b> Up Words, <b>S</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:15pm</b> Ring Toss, <b>WC</b> <b>3:00pm</b> Resident-Run Bananagrams, <b>S</b> <b>7:15pm</b> Movie, <b>TH</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Baking with Amber, <b>S</b> <b>3:30pm</b> Trivia, <b>TH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>11:00am</b> Secrets of the world (Black Holes), <b>TH</b> <b>2:00pm</b> Axe Throwing, <b>WC</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:00pm</b> Sketching in the Solarium, <b>S</b> <b>3:00pm</b> Ice Cream Social, <b>CAFE</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>11:00am</b> Crafty Tuesday, <b>RR</b> <b>11:00am</b> Round Table w/ Peter, <b>KP</b> <b>1:00pm</b> Garden Club, <b>S</b> <b>1:30pm</b> Trivia w/ Peter, <b>TH</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:00pm</b> Bottle Toss, <b>S</b> <b>2:30pm</b> Boggle, <b>S</b> <b>3:00pm</b> Great Courses, <b>CH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>9:15am</b> East Longmeadow Travel, <b>ML</b> <b>11:00am</b> Music Bingo, <b>RR</b> <b>1:30pm</b> Cooking w/ Peter, <b>CK</b> <b>2:00pm</b> Letter Writing with Camlyn, <b>RR</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Scrabble, <b>CAFE</b> <b>3:00pm</b> The Oscars, <b>CH</b> <b>4:00pm</b> Grief and Loss, <b>MR</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Words in a Word, <b>S</b> <b>3:00pm</b> Dominoes, <b>RR</b> <b>7:15pm</b> Bingo, <b>CAFE</b>	<b>8:00am</b> Longmeadow Travel, <b>L</b> <b>9:00am</b> Coffee House, <b>FLR</b> <b>10:30am</b> Rosary, <b>MR</b> <b>11:00am</b> Sentence Cubes, <b>RR</b> <b>1:00pm</b> Putting Green, <b>WC</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Steve's Art Studio, <b>AS</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>1:00pm</b> Dominoes, <b>S</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:15pm</b> Cross Words, <b>RR</b> <b>3:00pm</b> Resident-Run Rummikub, <b>S</b> <b>7:15pm</b> Movie, <b>TH</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Baking with Amber, <b>S</b> <b>3:30pm</b> Trivia, <b>TH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>11:00am</b> Secrets of the world (Black Holes), <b>TH</b> <b>2:00pm</b> Combine and Define, <b>RR</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>3:00pm</b> Card Making w/ Amber, <b>AS</b> <b>3:00pm</b> TED Talks, <b>TH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>11:00am</b> Crafty Tuesday, <b>RR</b> <b>11:00am</b> Round Table w/ Peter, <b>KP</b> <b>1:00pm</b> Garden Club, <b>S</b> <b>1:30pm</b> Trivia w/ Peter, <b>TH</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:00pm</b> Bottle Toss, <b>S</b> <b>3:00pm</b> Great Courses, <b>CH</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>9:15am</b> East Longmeadow Travel, <b>ML</b> <b>11:00am</b> Music Bingo, <b>RR</b> <b>1:00pm</b> Dominoes, <b>RR</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:30pm</b> Scrabble, <b>CAFE</b> <b>3:00pm</b> Bowling, <b>TH</b> <b>3:45pm</b> Laughter in the Solarium, <b>S</b> <b>7:15pm</b> Movie, <b>TH</b>	<b>10:00am</b> Glenmeadow Store Open, <b>LL</b> <b>1:00pm</b> BROADWAY - Bringing Broadway To YOU!, <b>TH</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>3:00pm</b> Words in a Word, <b>S</b> <b>3:00pm</b> Dominoes, <b>RR</b> <b>7:15pm</b> Bingo, <b>CAFE</b>	<b>8:00am</b> Longmeadow Travel, <b>L</b> <b>9:00am</b> Coffee House, <b>FLR</b> <b>10:30am</b> Rosary, <b>MR</b> <b>11:00am</b> Eye Full of Mysteries, <b>S</b> <b>1:00pm</b> Putting Green, <b>WC</b> <b>2:00pm</b> Remembrance Hour, <b>MR</b> <b>2:00pm</b> Family Feud, <b>S</b> <b>2:30pm</b> Steve's Art Studio, <b>AS</b> <b>2:30pm</b> BINGO!, <b>RR</b> <b>7:15pm</b> Movie, <b>TH</b>	